











# Muraoka-Fukasawa District Transforms into Cutting-Edge Center for Health Innovation

Three Subcommittees Drive Forward Plans Based on Five-Party Memorandum of Understanding

### Purpose and areas of collaboration

Kanagawa Prefecture, Fujisawa City, Kamakura City, Shonan Health Innovation Park, and Shonan Kamakura General Hospital signed a "Memorandum of Understanding on Developing a Cutting-Edge Health Innovation Center in the Muraoka-Fukasawa District" on May 15, 2019.

These five-party members have since collaborated to promote the area's development into a state-of-the-art health innovation hub, conducting research activities toward forming a leading sustainable community, extending healthy life expectancy, and generating businesses within the healthcare field.

Areas of collaborative research include: 1) Developing a cutting edge health innovation center; 2) promoting physical and mental health and improving QOL among residents in the community; and 3) extending healthy life expectancy and generating businesses in healthcare.

#### Secretariat meeting activities

Monthly secretariat meetings are being held to exchange opinions on what initiatives the parties should seek to realize in the community and drive research toward the development of a cutting edge health innovation center.

Ten secretariat meetings were held in FY2019, covering topics including local 5G construction project and smart cities. In FY2020, 11 secretariat meetings were held, covering topics including AI hospitals and MaaS healthcare (Mobility as a Service).

### **Focus areas**

From July 2020, the following three subcommittees have been pursuing research activities and action planning, with a shared aim of enabling all those who reside, work, and visit the Muraoka-Fukasawa District to benefit from cutting edge technologies and lead healthy, safe lives.

## Three subcommittees' research activities

**Next-generation health** MaaS healthcare Sports promotion management Goal Goal Goal A seamless, Latest technologies Physical and mental healthcare-oriented and personal data are health is enabled transportation system leveraged, enabling through exercise and is developed, more effective health supporting people's sports. management. healthy lives. A. People can engage in various A. People hold deeper A. All people are physically and activities and use necessary understanding of the value of mentally healthy, since the transportation in ways that suit health. Behavioral change among community encourages exercise them. individuals helps to improve "meand sports, and people byo" (disease prevention). incorporate them into their daily lives. B. The provision of integrated information and health B. Patients affected by chronic promotion enables people to diseases engage in more B. The community supports walk and run more comfortably. appropriate self-management. walking as the first step of health Together with doctors, patients management by offering a themselves can proactively take comfortable, pedestrian-friendly part in treatment of their diseases. C. People can easily use the environment. transportation services necessary to maintain and recover their health, even in times of C. Businesses, academia, the C. People with a history of emergency. medical industry, and the public infectious diseases, requiring and private sectors collaborate, emergency transport, abnormal engage various stakeholders, and conditions, and patients affected D. The community is more share sports science technologies, by acute diseases can efficiently prepared for disasters and largethus developing communities access medical care at medical scale epidemics since public through exercise and sports and institutions and receive prompt activities are supported by latest engage in efforts to maintain and treatment. technologies. improve health.

#### **Next steps**

As part of efforts to promote the development of a cutting-edge health innovation center, the three subcommittees will continue to share research and leverage results in order to promote the physical and mental health of residents in the community, as well as foster healthcare businesses.

Muraoka-Fukasawa District cutting edge innovation center map.

